



**All-Ukrainian NGO «Art Therapeutic Association»
Institute of Social and Political Psychology of the National
Academy of Pedagogical Sciences of Ukraine**

***XIX International Interdisciplinary
Scientific and Practical Conference***

**SPACE OF ART THERAPY:
the place of the individual in times of social
transformations**

Program

ONLINE, June 17-18, 2022

DAY 1 – 17.06.2022

10.00. Welcome speech (ukr):

Sliusarevskiy Mykola, a Head of Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, corresponding member of National Academy of Educational Sciences of Ukraine;

Voznesenska Olena, PhD (psychology), Senior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, member of the governing board of National Psychological Association of Ukraine, president of All-Ukrainian NGO «Art Therapeutic Association».

10.15-12.00. Speeches and presentations (to 15 m) (ukr):

Sknar Oksana, PhD (psychology), Senior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, member of the governing board of All-Ukrainian NGO «Art Therapeutic Association» (Kyiv, Ukraine): *Peculiarities of psychological support of clients in the initial phase of the war in Ukraine*;

Podkorytova Larysa, PhD (psychology), assistant professor of Practical Psychology and Pedagogy Department, Khmelnytsky National University, branch head of All-Ukrainian NGO «Art Therapeutic Association» in Khmelnytsky region, **Frimershtein Viktoriya**, lecturer at Khmelnytsky Polytechnic College of Lviv Polytechnic National University, psychotherapist, member of USP, symbol drama section (Khmelnysky, Ukraine): *Peculiarities of conducting the resource training «Wings without borders» during the war*;

Lutsenko Olena, practical psychologist-methodist, methodist of the Kyiv City Teachers' House, member of the National Psychological Association, branch head of All-Ukrainian NGO «Art Therapeutic Association» in Kyiv (Kyiv, Ukraine): *Art Therapy with Children and Adolescents in war conditions Application of the image of the hand*;

Kharitonova Natalia, practical psychologist of the highest category, research and pedagogical worker, manager of the Center for Social and Psychological Support and Assistance PsyLab of State University «Zhytomyr Polytechnic», branch head of All-Ukrainian NGO «Art Therapeutic Association» in Zhytomyr region (Zhytomyr, Ukraine): *The use of projective art therapy technique «The Tree» in the post-traumatic growth of a person who has suffered psychological trauma*;

Skibytska Yulia, biodynamic therapist, therapist-practitioner, supervisor, art therapist, member of the All-Ukrainian NGO «Art Therapeutic Association» (Kyiv, Ukraine): *In the circle of life: art-therapeutic practice in conditions of forced cohabitation of refugees in wartime;*

Kanivets Inna, practical psychologist, Master, member of the National Psychological Association and All-Ukrainian NGO Art Therapeutic Association (Kropyvnytskyi, Ukraine): *Resilience: psychological stability of family relationships in wartime;*

Nazarevich Viktoriya, PhD (psychology), assistant professor of Developmental and Educational Psychology Department of Rivne State University of Humanities, member of the All-Ukrainian NGO «Art Therapeutic Association» (Rivne, Ukraine): *Using the model of integrative art therapy in a crisis situation;*

Pletka Olha, PhD (psychology), Senior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, member of the governing board of National Psychological Association of Ukraine, branch head of All-Ukrainian NGO «Art Therapeutic Association» in Zaporizhzhia region (Kyiv, Ukraine): *Territoriality as a factor of intergroup interaction: art therapeutic work in support groups;*

Lazorenko Borys, PhD (philosophy), assistant professor, leading researcher of Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, member of All-Ukrainian NGO «Art Therapeutic Association» (Kyiv, Ukraine): *Technologies of spontaneity theater in maintaining the mental health of combatants, volunteers, IDPs and other citizens in hostilities.*

12.00-13.00. Workshop (engl / ukr):

Giró Marta Callizo, Masters in Therapeutic Arts Practise (Research), Melbourne Institute of Creative and Experiential Arts Therapy, Teacher in The MIECAT Institute (Melbourne), member of the Research Committee of the EFAT (Barcelona, Spain / Melbourne, Australia):

Self-care for carers in difficult times

(*interpreter* **Diatel Nadia**, Junior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine).

Materials: colored pencils, felt markers or oil pastels, white paper (a few sheets, up to A4 size), pens and notepad, bring magazines, paper wrappings or other recycled material for collage.

13.00-14.00. Break

14.00-14.30. Speeches and presentations (to 15 m) (ukr):

Serhiyenko Iryna, PhD (psychology), assistant professor of Psychology, Depth Correction and Rehabilitation Department of The Bohdan Khmelnytsky National University of Cherkasy, member of the All-Ukrainian NGO «Art Therapeutic Association» (Cherkasy, Ukraine): *Principles of dialogical interaction of art therapist in the process of providing psychological assistance to victims*;

Voznesenska Olena, PhD (psychology), Senior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, member of the governing board of National Psychological Association of Ukraine, president of All-Ukrainian NGO «Art Therapeutic Association». (Kyiv, Ukraine): *Memescreation as a component of overcoming the consequences of collective trauma*.

14.30-16.00. Speech and Workshop (engl / ukr):

Tezza Roberta, certified psychodynamically oriented art therapist, clinical dance therapist, designer, teacher in Lyceum Academy Institute – Training in Art Therapy (Milano, Italy), specialized art therapist in movement pathologies and neurodegenerative diseases (Fresco Parkinson Institute Italy and New York University Graduate Art Therapy Program), full professional member of EFAT (European Federation of Art Therapy) (Verona, Italy):

Speech: *War and peace: art therapy in conflicts – interior and exteriors*

Workshop: *The tree rooted in deepness overcomes the storm*

(*interpreter* **Krolikowska Oleksandra**, artist, researcher of post-postmodern and art therapy practices, Krolikowski Art duet, NGO Grand Narrative Institute).

Materials: paper, cardboards, old magazines or pictures for collage, pens, colored pencils, crayons, markers, watercolor paint, scissors, glue, paintbrushes, a small container with water, cloth for cleaning.

16.30-17.30. Workshop (engl / ukr):

Diviane Helena, Master of Arts in Art Therapy at Crawford College, doctoral researcher, degree seeker PhD in arts practice at the Irish World Academy of Music and Dance, University of Limerick, art therapist, psychotherapist and interdisciplinary artist, member of the Psychological Society of Ireland, the Irish Association of Creative Arts Therapists, Dance Ireland, and IMBAS – An Irish Forum for Arts Practice Researchers and Artists (Brazil / Cork, Ireland):

*Sensorygraphy: words in movement as a sensitive manifestation
of the heart and lungs*

(*interpreter* **Krolikowska Oleksandra**, artist, researcher of post-postmodern and art therapy practices, Krolikowski Art duet, NGO Grand Narrative Institute).

Materials: journal or blank paper, pen, pencil or marker, comfortable clothes and space to sit or lie on the floor.

18.00-19.00. Workshop (engl / ukr):

Bradley Wendy, MS, ATR-BC, CLAT, board-certified, licensed art therapist, professor at Quinebaug Valley Community college (USA, Connecticut):

Helping children and adolescents with grief: a trauma informed presentation

(*interpreter* **Diatel Nadia**, Junior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine).

DAY 2 – 18.06.2022 p.

10.00-11.00. Workshop (engl / ukr):

Anita Lever, Registered Arts Therapist, AThR, BFA, Master of Art Therapy (with Distinction), selected artist, fundraising exhibition (Sydney, Australia):

Spaces ruptured – Spaces mended

(*interpreter* **Chaplinska Yulia**, PhD (psychology), Senior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine).

11.15-12.15. Speeches and presentations (to 15 m):

Kharchenko Iryna, practical psychologist of a preschool institution № 170 in Lviv, member of All-Ukrainian NGO «Art Therapeutic Association» (Lviv, Ukraine): *Art therapeutic game «Glory to Ukraine»;*

Kasumova Olha, practical psychologist of Kharkiv School № 52, member of the governing board and branch head of All-Ukrainian NGO «Art Therapeutic Association» in Kharkiv region. (Kharkiv, Ukraine): *Art as life, life as art: active group forms of work of the Kharkiv division through the use of life learning methods;*

Vitkalova Viktoria, analytically oriented psychologist, member of the National Psychological Association, Division of Child and Adolescent Psychology, member of the All-Ukrainian NGO «Art Therapeutic Association» (Kyiv, Ukraine): *Additional tools of art therapy in wartime. The umbilical cord as a regression-progress of the psyche;*

Mraka Natalia, PhD (psychology), assistant professor of Management Psychology, Faculty of Psychology, Lviv State University of Internal Affairs, psychologist of the ATO Veterans Rehabilitation Center Phoenix (Department of Psychogenic Trauma № 26), member of the All-Ukrainian NGO «Art Therapeutic Association» (Lviv, Ukraine): *Surveys of art therapy in work with the military undergoing rehabilitation at the Phoenix Center;*

Pozygun Viktoria, psychologist, art therapist, kinesiologist, instructor of international educational programs Touch for Health, Neuroenergetic Kinesiology, Eddkinesiology, head of the Center for Kinesiology «Rivnovaha», member of the All-Ukrainian NGO «Art Therapeutic Association» (Odesa, Ukraine): *Use of kinesiology techniques in art therapy of PTSD.*

12.15-13.15. Panel discussion «Art Therapy ra Challenges of war» (ukr)

Speakers:

Voznesenska Olena, PhD (psychology), Senior researcher in Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, member of the governing board of National Psychological Association of Ukraine, president of All-Ukrainian NGO «Art Therapeutic Association». (Kyiv, Ukraine);

Kasumova Olha, practical psychologist of Kharkiv School № 52, member of the governing board and branch head of All-Ukrainian NGO «Art Therapeutic Association» in Kharkiv region. (Kharkiv, Ukraine);

Skibytska Yulia, biodynamic therapist, therapist-practitioner, supervisor, art therapist, member of the All-Ukrainian NGO "Art Therapeutic Association" (Kyiv, Ukraine);

Zhvania Taras, PhD (psychology), Associate Professor of the Department of Psychology, H.S. Skovoroda Kharkiv National Pedagogical University, member of the National Psychological Association, member of All-Ukrainian NGO "Art Therapeutic Association" in Kharkiv region. (Kharkiv, Ukraine).

Questions for discussion:

- The use of art therapy in wartime. Challenges and opportunities.
- The role of symbolism in dealing with trauma.
- Peculiarities of the use of body practices in dealing with trauma in wartime.
- Ethics and responsibility of an art therapist in wartime.

13.00-14.00. Break

14.00-15.00. Workshop (engl / ukr):

Robelot-Timtchenko Nathalie, master's degree is in Clinical Mental Health Counseling with a specialization in intermodal Expressive Arts Therapy (Lesley University Cambridge, Massachusetts, USA), professional member of the International Expressive Arts Therapy Association (IEATA) and the European Federation of Art Therapy (EFAT) (USA, Ukraine, Kyiv); **Eden Orfanos Shoro**, master's degree in Art Psychotherapy and is registered with the Health and Care Professions Council UK (HCPC) and the British Association of Art Therapists (BAAT), Trauma-Informed Expressive Arts (T-IJM, TIEA), Jungian Depth Psychology (SAP), Photo Therapy, Equine Lead Psychotherapy (IFEAL), Trauma-Sensitive Yoga (TSY), and Vinyasa Flow Yoga - RYT200 (UK):

Expressive arts interventions for grounding & stabilization when working with ongoing trauma

(*interpreter* **Lytovchenko Iryna**, prof. of Department English languages of technical orientation № 2 at National Technical University of Ukraine «Igor Sikorsky Kyiv Polytechnic Institute»).

Materials: any art supplies you have on hand, A4 and A3 paper, markers/pens, and pastels.

15.00-16.00. Workshop (engl / ukr):

Kim Suzie Eun Mi, MA, ATR-BC, LPC, master of Arts Degree in Art Therapy conferred with Honors, Licensed Professional Counselor, Art Therapist and Psychotherapist in Women's Emotional Wellness Center (PA, USA):

Building resiliency through expressive writing and art making

(*interpreter* **Lytovchenko Iryna**, prof. of Department English languages of technical orientation № 2 at National Technical University of Ukraine «Igor Sikorsky Kyiv Polytechnic Institute»).

Materials: white paper – standard printer or photocopy paper size is fine, pencil and eraser, drawing materials of your choice (markers, color pencils), round object to trace a circle, straight edge or ruler.

16.30-17.30. Workshop (engl / ukr):

Ghearasănescu Anca, art therapist Phronetik[®], affiliated member at European Federation (EFAT) (Bucharest, Romania):

Two hands

A kind story in disturbing times about the self-care for art therapists

(interpreter **Baz' Liubov**, writer, translator, graduate student of ISPP NAPS of Ukraine).

Materials: paper (white and/or colored) A3 or A4 and tape, colored pencils, optional: markers, wax crayons, natural materials, glue.

18.00-19.00. Workshop (engl / ukr):

Vivien Marcow Speiser, PhD, LMHC, BC-DMT, professor emerita in dance and expressive therapy and co-director of the Institute of Arts and Health at Lesley University, Cambridge, Massachusetts;

Phillip Speiser, PhD, RDT/BC, expressive arts educator/therapist, drama therapist, and psychodramatist, who has developed integrated arts therapy and educational programs for over three decades, Director of Parkside Arts and Health Associates in Boston, Massachusetts (США, Бостон, Массачусетс):

Foundational Expressive Arts Techniques & Tools When Working with Ongoing Crisis and Trauma

(interpreter **Baz' Liubov**, writer, translator, graduate student of ISPP NAPS of Ukraine).

Materials: white paper (standard), pencil and eraser, drawing materials of your choice (markers, color pencils), round object to trace a circle, straight edge or ruler.

19.00-19.30 (ukr). Closing Ceremonies

Summing up the conference. Draw up Resolution.

Head of the Organizing Committee – Sliusarevskiy Mykola, a Head of Institute of Social and Political Psychology National Academy of Educational Sciences of Ukraine, corresponding member of National Academy of Educational Sciences of Ukraine;

Organizing Committee: Voznesenska O. PhD (psychology), Senior researcher (Deputy of the Head); Sknar O., PhD (psychology), Senior researcher; Galitsyna L., Klindukh O., Kliushanova O., Lutsenko O., Savinov V.

Time layout of conference's activities (Kyiv time)

17.06.2022

Activities	Time
<i>Welcome speech</i> (ukr)	10.00-10.15
<i>Speeches and presentations</i> (ukr)	10.15-12.00
<i>Workshop</i> Marta Callizo Giró Spain (engl)	12.00-13.00
Break	13.00-14.00
<i>Speeches and presentations</i> (ukr)	14.00-14.30
<i>Speech + Workshop</i> Roberta Tezza Italy (engl)	14.30-16.00
<i>Workshop</i> Diviane Helena Ireland (engl)	16.30-17.30
<i>Workshop</i> Wendy Bradley USA, Minnesota (engl)	18.00-19.00

18.06.2022

Activities	Time
<i>Workshop</i> Anita Lever Australia (engl)	10.00-11.00
<i>Speeches and presentations</i> (ukr)	11.15-12.15
<i>Panel discussion</i> «Challenges of war» (ukr)	12.15-13.15
Break	13.15-14.00
<i>Workshop</i> Eden Orfanos Shoro, Nathalie Robelot-Timtchenko (engl) USA	14:00-15:00
<i>Workshop</i> Suzie Eun Mi Kim (engl) USA, Pennsylvania	15.00-16.00
<i>Workshop</i> Anca Ghearasănescu (engl) Romania	16.30-17.30
<i>Workshop</i> Vivien Marcow Speiser, Phillip Speiser (engl) USA, Boston	18.00-19.00
<i>Closing Ceremonies</i> (ukr)	19.00-19.30

All-Ukrainian NGO «Art Therapeutic Association»:

www.art-therapy.org.ua;

<https://www.facebook.com/groups/158280630927838/?fref=ts>

<https://www.facebook.com/Арт-Вітаміни-від-Всеукраїнської-Арт-терапевтичної-Асоціації-108436720809722>.